

Has the treatment/procedure made a difference to the function of your teeth/mouth?

Yes! I can't believe how much I can enjoy biting with my front teeth now and how secure it feels. The function of my bite and the look has definitely been restored to what I had in my early twenties. I hadn't been able to use my front teeth for so long, due to the denture and before that the movement and discomfort. So quite a lot of foods were off limits and I didn't like eating in public. I hated the feel of the denture on the roof of my mouth, but now I don't have to worry and can enjoy the taste/texture and choice of food once more.

My confidence is back, I get comments all the time about how lovely my teeth are. This means so much to me and I'm happier in myself and happy to be photographed now!



After dental implants

Would you go through the same procedure/treatment again?

Absolutely yes!

How do you think/feel now about what you had done-Optional last Q&A

I would urge, that if you have a gum condition, address it with every decade that passes. What seems like nothing to worry about in your twenties, can have a big impact in your forties and fifties!

Life transforming dentistry

We believe that you should have all the information you need to make a decision that is right for you about your dental treatment.

And that we provide you with the opportunity to ask questions and receive honest and open answers from those who know best-our patients, this is by far the best way we can help you.

We are grateful to the patients who have been kind enough to partake in providing their responses for these leaflets and to share their treatment journey.

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NORFOLK
DENTAL
SPECIALISTS

Life-transforming dentistry

MULTIPLE IMPLANTS

Upper bridge

Patient Q&A session



Before dental implants (prior implant visible)

What treatment did you undertake?

Extraction of buccally placed implant, followed by multiple implant placement and bridge restoration.

Three Implants placed to support bridge with five teeth.

I've had periodontal disease since my twenties, starting with infections. In my thirties it progressed with regular flare ups, which meant taking antibiotics and painkillers.

In my late forties my condition worsened, my teeth became wobbly and I couldn't bite on my front teeth. I had more serious infections and had splints on my teeth, making my mouth feel sore.

I became quite introverted and depressed about my situation and having had quite a lot of stress, it influenced the progression of my gum disease. In 2015 I was told that four of my front teeth couldn't be saved and it was best that they be extracted and a denture fitted-this horrified me. I thought my only option was to wear a denture for the rest of my life. Thankfully with gum treatment, I was able to have implants.

Are you an anxious/dental phobic patient?

No, I am used to attending dentists. I don't like injections, these for me are painful, but once I'm numb I'm fine. The numbing gel is great!

Did you have concerns before the treatment?

I was concerned about peri implantitis and my gum disease, but Dr Karimi's approach reassured me. His treatment plan to address my periodontal condition and his honesty in making no promise that I would be suitable for implants, helped me understand the deep cleaning/RSD needed before my implants. I learnt brushing/home maintenance techniques, which improved my confidence to maintain the investment I have made in my implants. On the day of the implants, I had oral sedation, which really relaxed me.

Deep breathing during the injections helped a lot.

How did you feel about the numbing/injection process?

Numbing gel works very well and although I felt the first injections, I was soon numb and if it felt as if it should be topped up- it was, there was no pain.

Did you feel anything/have any pain during the procedure?

There was a sensation of pushing and pulling, that's all. I was always reassured and was asked multiple times if I was comfortable and feeling anything.

The nurses were reassuring and asked if I was comfortable, warm enough or needed a break.

All of which allowed me to relax and enjoy the music playing and the time went very quick and before I knew it the implants were done!

Did you have any pain/discomfort after the procedure?

I took the prescribed pain killers as I could feel the area was a bit sore. The pain killers acted quickly though and it's important to take them as prescribed in the first 24-48 hours rather than wait until any discomfort starts. I wasn't really in pain, it was more of a dull ache and an awareness of soreness around the area i.e. top lip, nose and my jaw. Within a few days any discomfort had significantly subsided, although I felt tender in that area for a few weeks afterward.

Did you have any bleeding after any part of your treatment?

Yes during the procedure apparently, but not after. There were some blood clots afterward, but these came away the next day, the salt water rinse helped.

Did you have any post-operative swelling/bruising? If yes, what was the extent and how long did it last?

I was quite swollen/bruised on my jaw line and just under one eye. I had some time off work to let the swelling/bruising go down and in all honesty it looked worse than it felt.

I was amazed at how quickly the area recovered and after one week there was hardly anything to indicate I'd had surgery.